

BEAUTILASE

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GREEN PEEL - Pre and Post Care

Instructions

WHAT TO DO *BEFORE* YOUR TREATMENT

- It is imperative that you **avoid sun exposure and tanning beds for at least 4 weeks prior** to your treatment. This is a must and **no exceptions** will be made.
- **Tanning creams (self-tanner)** should be **avoided** for at **least 2 weeks**.
- **Inform the Beauty Therapist if you have taken Accutane (oral acne medication) in the past year.**

DO'S

- Treat skin gently (**no wash cloths or facial sponges**)
- Limit time outdoor (to **minimise sun exposure**)
- Carry on with your ENVIRON routine
- Use lighting products (optional)
- **Wear SPF 15 to 30**
- If you are **prone to hyperpigmentation, it is recommended that client commence lightening treatment.**
- **Using topical vitamin C and vitamin A post and throughout the treatment maximises skin rejuvenation procedure results.** It also speed healing time and in the case of peels reduces the risk of post treatment complications.

DONT'S

- **Do not peel, scrape or pick the skin,** allow it to peel away naturally
- **Do not expose the skin directly to sun** (without appropriate SPF protection) or sun beds.
- Do not use AHA'S BHA's, topical steroids, retinol or physical exfoliates 48hrs.
- Do not use facial mask

- **Do not artificial tanning device (including fake tan)**
- Do not use any cosmetic products that will irritate the skin. **(only use mineral make up)**
- **Do not undergo any hair removal including waxing, threading, depilatories, or electrolysis 3-4days**
- **Do not undergo LASER hair removal for 10 days.**
- It is advisable to **avoid smoking as this can reduce healing** and promote infection.

THANK YOU!

Smita ☺