

# BEUTILASE

34 Target Road, Glenfield, 09 442 2603 or 021 169 4975

## Consent Form

## Derma Pen – Micro Needling

Today's Date \_\_\_\_\_

CLIENT INFORMATION & MEDICAL HISTORY INFORMED CONSENT In order to provide you with the most appropriate treatment, please complete the following questionnaire. All information is strictly confidential.

Name \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_ How did you hear about us? \_\_\_\_\_

### Area To Be Treated

After a detailed clarification though the Beauty Therapist I wish to have a micro-needling treatment (and if necessary also further treatment) of the following area(s):

Face \_\_\_\_\_ For head \_\_\_\_\_ Neck \_\_\_\_\_ Décolletage \_\_\_\_\_ Cheeks \_\_\_\_\_ Stomach \_\_\_\_\_

### Medical Information: Do you have any of the following medical conditions? (Please TICK all that apply)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Cancer                | <input type="checkbox"/> Vitiligo                | <input type="checkbox"/> Hepatitis               |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Pacemaker/Defibrillator | <input type="checkbox"/> Hormone Imbalance       |
| <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Paralysis               | <input type="checkbox"/> Thyroid Imbalance       |
| <input type="checkbox"/> Herpes Simplex        | <input type="checkbox"/> Muscle Weakness         | <input type="checkbox"/> Blood Clotting Disorder |
| <input type="checkbox"/> Frequent Cold Sores   | <input type="checkbox"/> Neurological Disorder   | <input type="checkbox"/> Keloid Skin Lesions     |
| <input type="checkbox"/> HIV/AIDS              | <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Eczema                  |
| <input type="checkbox"/> Depression            | <input type="checkbox"/> Seizure Disorder        | <input type="checkbox"/> Psoriasis               |
| <input type="checkbox"/> Auto- Immune Disorder |  |  |

Not suitable for clients who have or are on the following

- Roaccutane within the last 6 months
- Radiation treatment with the last year
- Active bacterial, viral or fungal infection immunosuppression
- Scars that are less than 6 months old
- Facial surgery in the past 6 months
- Blood clotting problems (i.e. poor wound healing)
- Blood thinners
- Areas of the skin that are numb or lack sensation
- Have a history of keloid or hypertrophic scar or poor wound healing

Are you currently under the care of a Physician or Dermatologist?

Yes / No If yes, Provide Details

Do you have any other current or past health problems or medical conditions? Yes / No If yes, Provide Details

Please list any known allergies, and/ or past allergic reactions:

Have you had any surgeries? Yes / No If yes, Provide Details

Current Medications Please list all oral and topical medications you are presently taking: (including anti-biotics, hormone therapy, blood thinners, mood altering medications, 'over the counter' medications)

Please list all vitamins and/or herbal supplements you are presently taking:

**Have you ever had any of the following?**

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Laser Hair Removal | <input type="checkbox"/> IPL Treatment             | <input type="checkbox"/> Photofacials      | <input type="checkbox"/> Fractional Laser |
| <input type="checkbox"/> Electrolysis       | <input type="checkbox"/> CO2 Laser                 | <input type="checkbox"/> Lase Surgery      | <input type="checkbox"/> Cosmetic Surgery |
| <input type="checkbox"/> Waxing             | <input type="checkbox"/> Collagen or Other Fillers | <input type="checkbox"/> Botox or Dyspot   | <input type="checkbox"/> Facials          |
| <input type="checkbox"/> Tweezing           | <input type="checkbox"/> Chemical Peels            | <input type="checkbox"/> Microdermabrasion | <input type="checkbox"/> Threading        |

Are there any other laser or skincare treatments you are interested in:

**Client Lifestyle**

Do you smoke? \_\_\_\_\_ How often? \_\_\_\_\_

Have you had any recent tanning or sun exposure

Do you drink? \_\_\_\_\_ How often? \_\_\_\_\_

that changed the colour of your skin? Yes / No

Are your activities mostly indoor or outdoor? Circle one.

Have you recently used any self-tanning lotions or spray

How many times a week do you exercise? \_\_\_\_\_

tans/treatments? Yes / No

Do you use tanning beds? Yes / No

**For our female patients only:**

Are you currently on Birth Control? Yes / No

Are pregnant or lactating? Yes / No

Are you trying to become pregnant? Yes / No

Are you nursing? Yes / No

Did you get hyperpigmentation or pregnancy mask during your pregnancy? Yes / No

Are you menopausal? Yes / No

When was the last day of your last menstrual period? \_\_\_\_\_

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Smoking can cause intense contractions of the vessels which can leads to a decreased building of petechial. Therefore it would be good to avoid smoking at least three hours before the treatment.

#### CLARIFICATION AND INFORMED CONSENT

I understand that the fine needles induce the production of new body's own collagen. Therefore the needles penetrate the epidermis (top layer of the skin) and cause micro injuries. Due to the wound healing process a lot of different healing factors are released in the skin. This leads to formation of collage- and elastin fibres under the skin surface. This process will take place during 12-16 Weeks after the treatment. For an optimal result more than 3-6 treatment are necessary depending on the condition being treated. I understand that the treatment can have the following **side effects**: Redness and swelling: During the first days after the treatment redness and swelling can occur. This is because the needle penetration does force micro lesions which will disappear during the healing process. The wounds will be closed very quickly and about three hours after the treatment an appropriate makeup can be used. **Keloid**: If you have the tendency to form keloid scars, the micro lesions which are caused during the micro-needling can also lead to keloids. **Hyperpigmentation**: It is very rare but possible that hyperpigmentation occurs in the treated skin area, e.g. after excessive sun exposure. A sun protection factor of 30+ can prevent this. Herpes simplex: If you already suffered from herpes simples, the micro-needling treatment can force it once more. A premedication can prevent this. Furthermore Hematomata (bruises), Inflammation, Itching and moderate pain can occur after the treatment. I understand that it is important to **keep out of the sun** after the treatment to avoid hyperpigmentation (also no solarium). If I stay outdoors during sunny weather it is recommended to use sun protection with at least **SPF 30**.

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I understand that BEAUTILASE will use/ and or disclose my personal health information for the sole purpose of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations.

I hereby releases, BEAUTILASE from any liability arising out of the services associated with the above treatment. I certify that the preceding medical, personal, and skin history are true and correct. I am aware of the above stated BEAUTILASE policies and will abide by them. I am aware that it is my responsibility to inform BEAUTILASE of any medical changes, health changes, skincare regime, new or changed medications, or recent sun exposure as this will alter the results of my treatment. A current medical history is essential for the caregiver to execute the appropriate treatment procedures. .

My expectations are realistic and I understand that the results are not guaranteed and that for maximum results, more than one application may be required. The rate of improvement of my skin depends on my age, skin type and condition, degree of sun/environmental damage, pigmentation levels, or acne condition.

I understand that this procedure is expected to make the skin feel uncomfortable while being applied, but agree to inform the skin professional immediately if I have concerns or am overly uncomfortable during treatment or after I return home.

I agree that I am willing to follow recommendations by my therapist for home care. I will be responsible for following home regimens that can minimize or eliminate possible negative reactions, including recognizing the importance of adhering to a sunscreen and avoiding the sun/tanning booths and extreme weather conditions. I agree to use a moisturizer specifically recommended by my therapist and I acknowledge that I have been informed of the possible negative reactions (intense erythema, welts, scabs) and the expected sequence of the healing process (dryness, irritation, redness, and peeling of the skin). In the event that I may have additional questions or concerns regarding my treatment or suggested home product/post-treatment care, I will consult my therapist immediately.

I UNDERSTAND AND ACKNOWLEDGE THAT PAYMENTS FOR THE ABOVE TREATMENTS ARE NON REFUNDABLE AND NON EXCHANGEABLE. THIS INCLUDES ANY PACKAGE DEALS WE OFFER.

Client Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Therapist: \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_